Apex Wrestling Youth Camp Staff
Jason Bovenzi, Physical Education Teacher at Barker Road MS, Varsity Wrestling Coach-Pittsford
** Exemplary Pittsford Alumni will also assist in instruction and supervision.
For more information contact:
Jason Bovenzi at 585-802-5799
Jason_bovenzi@pittsford.monroe.edu

APEX
Youth Wrestling Camp
July 22ⁿᵈ – 25ᵗʰ 2013
Students Entering Grades 2-7
NO Experience Necessary

Payment Information
CAMP COST- $65
Make checks payable & Mail to:
**Apex Wrestling
20 Hopper Hills Way
Mendon, NY 14506
Or register online at
www.ApexWrestling.COM**

Camp Information
Location: Calkins Rd MS Gym 1899 Calkins Rd. 14534
Eligibility: All students entering Grades 2-7 for the 2013-2014 school year. No experience necessary.
Groupings: Wrestlers will be grouped by age and ability level.
When: July 22ⁿᵈ - July 25ᵗʰ
Time: 9am-11:30 am.
Cost: $65
* Includes a T-shirt
What to Bring: sneakers (carried in-clean bottoms), t-shirt, and shorts.
*Wrestling shoes are recommended, but not required.

Camp Goals
- Teach and reinforce the basic skills and fundamentals of wrestling while gradually progressing into higher levels of technique.
- Encourage self-confidence and a positive attitude towards the sport of wrestling.
- Stress strategies and techniques that have been proven to be successful for all wrestlers.
- Promote fun in a physical setting while focusing on learning.

Pittsford Youth Camp
REGISTRATION FORM Please Print & Mail to: 20 Hopper Hills Way, Mendon NY 14506.   Checks Payable to*: Apex Wrestling*

Youth Camper Name: _____ Parent or Guardian: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone Number: _____ Cell Number _____

Birth date: _____ Age: _____ Grade: _____ School: _____

Shirt Size: Youth: S   M   L   Adult: S   M   L   XL   2XL   Weight: _____ Yrs. Experience: _____

Person to notify in case of emergency: _____ Phone #_____

Allergies/Medications: _____

Insurance Provider: _____ Policy # _____

Parents Email Address: _____

Neither Apex Wrestling nor the staff of the Apex Youth Wrestling Camp assumes responsibility for accidents or medical expenses incurred as a result of participation. All athletes must assume responsibility for any medical expenses incurred. I have adequate medical coverage and insurance and give my son/daughter permission to attend the Apex Youth Camp and I agree to indemnify Apex Wrestling and its employees for any claim which may hereafter be presented by my child as a result of any such injuries.

Parent/Guardian's Signature: _____ Date: _____

Check # _____ Amount $_____ Cash $_____